



— by —

NESCENS
SWITZERLAND



SUMMARY



Nescens Anti-Aging Facial Cosmeceuticals	07
Add on Nescens Treatments - Snowy Rituals	08
Exclusive Rituals - Le K2 Collections by Nescens - Face and Body	09
Massages	11
Well-Being Extras	13
Little Red Panda's Treatments	15
Aesthetic Services	17
Fitness & Aquatic Activities	19
Hairdressing Salon	23



NESCENS ANTI-AGING COSMECEUTICALS TREATMENTS

Formulated under the supervision of Professor Jacques Proust, the Nescens range of cosmeceuticals offers a resolutely innovative anti-aging skincare approach. Each Nescens preparation includes selected ingredients whose anti-aging properties are scientifically established. The cosmeceuticals include biologically active ingredients selected on the basis of scientific studies and incorporated at optimal concentrations in order to achieve the highest degree of efficacy.

A HIGH-PERFORMANCE ANTI-AGING TREATMENT PROGRAM

A combination of exclusive anti-aging massages and the properties of cosmeceutical endow Nescens treatments with unique anti-aging effectiveness. Effectively blending technical sophistication and absolute comfort, Nescens treatments are designed to act over time and offer personalized support.

A DIAGNOSIS WITH PERSONALIZED TREATMENT

Personalization is at the center of every Nescens treatment protocol. An in-depth analysis of the skin is realized to establish a highly effective personalized anti-aging treatment program. The therapist determines the zones to be specifically treated and re-contoured and the massage is personalized to obtain the desired effects for visible and sustainable results over time.



A close-up photograph of a person's hands. The right hand holds a small, cylindrical silver dropper bottle. A single drop of clear liquid is suspended in the air just below the glass tip of the dropper. The left hand is held palm-up, ready to catch the drop. The background is a soft, out-of-focus light blue and white.

OUR FACIAL TREATMENTS

Nescens Anti-Aging Facial Cosmeceuticals

Maintains the hydrolipidic balance, smoothen expression lines and preserves the skin's radiance.

⌚ **60 min**
260 €

| Cosmeceutical Treatment - Hydrating

Global rehydrating and plumping anti-aging treatment. It combines the effectiveness of Nescens cosmeceuticals with our signature remodeling massage : dynamic, precise and deep maneuvers to stimulate, reshape and smoothen the features.

| Cosmeceutical Treatment - Euphoric

This exclusive facial treatment is ideal for recovering from harsh environmental conditions such as cold, sun, or wind. It works to restore optimal hydration, plump the skin, and reduce redness.

Experience the full embrace of this ritual, which provides calming and revitalizing sensations to your face while warming your extremities. Your skin will be nourished and soothed, leaving your complexion glowing and radiant.

⌚ **1h30 min**
360 €

| Re-Nescens Premium Anti Aging Treatment

This personalized global anti-aging treatment combines the effectiveness of Nescens cosmeceuticals, our signature remodeling massage with eye contour care and a anti-dark spot treatment for the hands.

Add on Nescens Treatments – Snowy Rituals

Complete the experience by adding a short treatment with true results.

 **25 min**
140 €

| Rejuvenating Ritual - Eyes Contour

The “Focus on Eyes” ritual offers a targeted approach to the delicate eye area with a draining, hydrating, and repairing treatment. This remedy is perfect for reducing puffiness, easing fatigue, and brightening your gaze. Why not extend your massage and benefit from the high-performance expertise of Nescens?

| Hand Bliss

Treat your hands, wrists, and forearms to a soothing experience. Enjoy a hot/cold poultice that relieves joint discomfort and improves mobility. During the poultice application, a calming scalp massage will ease your mind, followed by a stimulating hand and forearm massage to enhance circulation. The treatment concludes with the application of a brightening serum and hand cream for visibly beautiful results.

| Efficiency Concentrates

Elevate your skin with this specialized addition to any treatment. This exclusive hyaluronic acid concentrate, delivered through advanced meso-aesthetic technology, works to fill in fine lines, smooth out features, and rejuvenate your complexion with a youthful glow.

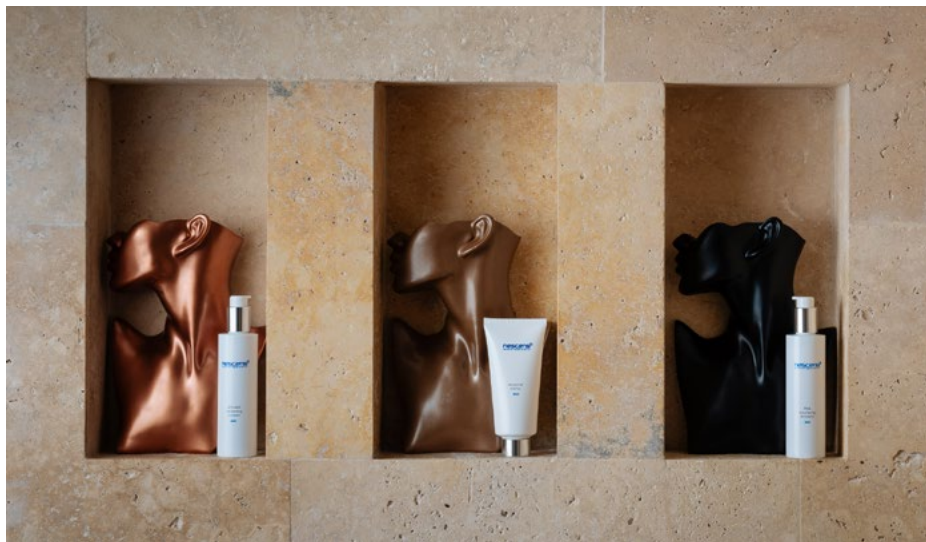
Exclusive Rituals – Le K2 Collections by Nescens – Face and Body

Experience a global anti-aging treatment that combines effectiveness with well-being.

🕒 **2h**
520 €

| Summit Soothing Ritual

Immerse yourself in deep relaxation with this comprehensive ritual designed to restore tranquility and well-being. Start with a revitalizing body scrub that stimulates circulation and promotes cell renewal. Enjoy the gentle application of warmed body oil, applied through soothing, enveloping movements to help you unwind from a busy day. A warm cocoon surrounds you throughout the session, easing body tension. The experience culminates with a customized Nescens facial treatment that deeply hydrates and refines your skin's texture.



MASSAGES





Exclusive massages

| Renata Franca method by Marine

🕒 **1h15**
345 €

LYMPHATIC DRAINAGE

From Indian traditions, this massage will be personalized according to the predominant dosha of each one. Rythmed by tonic, revigorating but also slow or deep movements, your body find balance and harmony for an inside wellness.

🕒 **25 min**
180 €

LE MIRACLE FACE

Facial massage only, with the aim of reshaping the contours of the face and decongesting the eyes.

Tailor-made massages

Each therapist's massages are personalized in terms of rhythm, zone and pressure.

🕒 **25 min**
125 €

🕒 **50 min**
220 €

🕒 **80 min**
315 €

🕒 **+10 min**
40 €

Emotional relaxation

| Relaxing

The harmony of body and mind restored. A gentle and enveloping massage designed to rejuvenate you during a moment of absolute relaxation.

| Mother to be - *From 4 months of pregnancy*

A comforted body and skin, eliminated muscle tension, and lighter legs. A cocoon of gentleness with slow and caring movements. Suitable from 4 months of pregnancy.

| Relaxation of the extremities - *Only in 25 min*

Head, neck, hands, feet... This flake massage leaves you free to select the extremities you wish to pamper.

Muscle recovery

| Après-ski

It's a skier's essential. The muscle recovery provided by this invigorating massage will considerably reduce aches and pains caused by your efforts on our snow-covered slopes. Your legs, thighs, trapezius and arms will feel soothed and relaxed.

| Deep Tissue

A deep and stimulating massage that relaxes your muscles to release tensions. The rhythm, pressure and frequency of the stretching are chosen by you so that you can personalize it.

| Foot reflexology - *Only in 25 min or 50 min.*

Precise, deep movements for a comprehensive massage of the feet and calves. This massage stimulates reflex zones to eliminate toxins, rebalance energy, and restore harmony.

Well-Being Extras

Optimize results and enhance your experience at Goji Spa by incorporating well-being supplements during your treatment time.

| Beauty Mask

Face cream mask	90 €
Collagen face mask	90 €
Hands mask	50 €





FOR CHILDREN



Little Red Panda's Treatments

We welcome our young guests aged 5 to 12 every day from 10am to 3pm. An adult responsible for the child must be present in the cabin for the duration of the treatment. We highly recommend that you come and share this duo massage experience with your child by making an appointment.

🕒 **25 min**
95 €

| Kunga's Massage

Gentle and soothing bespoke massage adapted to the kid for an initiation to relaxation, improving the quality of sleep and favoring appeasement.

🕒 **25 min**
95 €

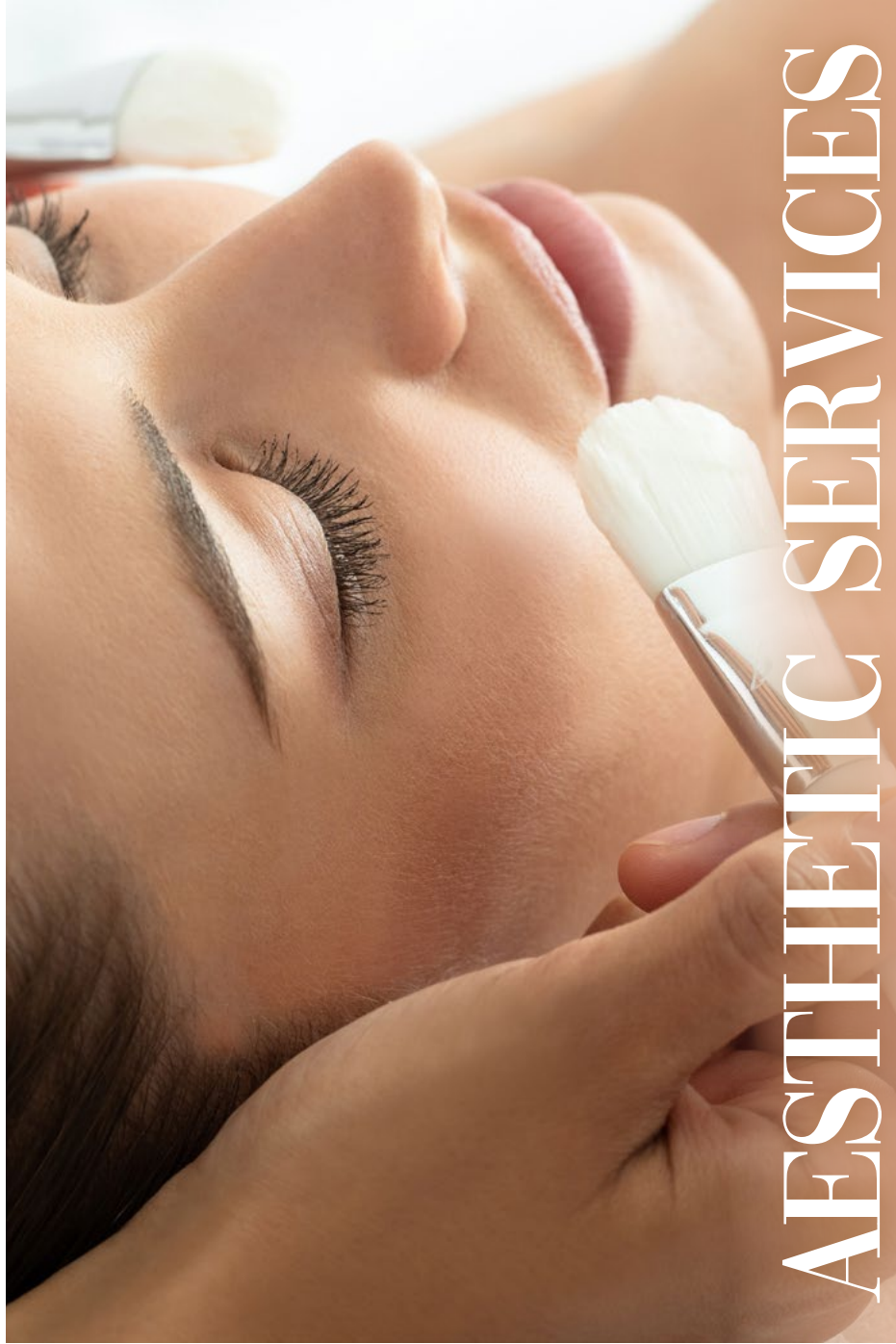
| Pretty Little Muzzle

Privileged well-being moment to taste the benefits of a relaxing and sweet face care.

🕒 **25 min**
50 €

| Velvet Paw Prints - Complimentary nail polish

Hand or foot treatment to sublimate and moisturize your children's soft skin.



AESTHETIC SERVICES

Aesthetic Services

| Waxing

Lips	30 €
Eyebrows	50 €
Underarms	40 €
Half Arms	60 €
Bikini	50 €
Brazilian bikini	70 €
Full bikini	80 €
Half legs	70 €
Full legs	120 €
Back	80 €
Torso	80 €

| Make-Up *(on request only)*

Day make-up	130 €
Evening make-up	160 €

| Manicure and Pedicure - Varnish application not included

French manual manicures and pedicures, do not include cutting of cuticles.

Express Manicure or Pedicure - Nails beauty	120 €
Summit Manicure or Pedicure - Nails beauty, feet scrub and mask	150 €

| Nail Polish

We do not do the false nails and gel nails removal.

Nail polish application	60 €
Semi-permanent nail polish application	110 €
Semi-permanent nail polish removal	60 €



FITNESS & WELLNESS

Fitness & Aquatic Activities

The access to the fitness and aquatic areas (pool and facilities) of our establishments are exclusively reserved to their respective guests.

 30 min 140 €	 45 min 170 €	 60 min 200 €
--	--	--

| Personalized Coaching

Aquatic or land, your session will be entirely adapted to your expectations and needs by our sports coach – state-certified lifeguard.

| Muscle Awakening

The body reactivates and prepares to welcome the new activities of the day, both physically and emotionally.

| Pilates

Pilates is a gentle training method that combines deep breathing and physical exercises. It requires perfect control of the body by the mind. Strength, flexibility, and coordination are required in this practice which will have the effect of strengthening the deep muscles and will offer better posture on a daily basis.

| Stretching

Whether active or passive, it is essential after a day on the snowy slopes. It will considerably reduce the aches and pains of the following days.

Individual coaching
For any additional person on the same session: 50% of the price of the service will be added.



Outdook walk

From relaxing walks to sporty hikes, our coach will guide you in discovering the wonders of Courchevel. Various routes have been designed to best suit your fitness level and preferences.

 **1h**
250 €

Then 100 € per additional hour

Price for an outing for up to four people

Beyond that, € 100 per additional person

8 people maximum for the same outing

Depending the itinary chosen, a taxi fee may be added





HAIRDRESSING SALON

Hairdressing Salon

The Philip B. and Oribe hairdressing salon welcomes you in a place of intimacy where relaxing moments and respect for the hair are placed at the center of the experience. Our experts offer their know-how and advise you with fineness to sublimate your beauty thanks to the alliance of Philip B. and Oribe's expertise.

Haircut

Ladies cut	110 €
Trim only	60 €

| Brushing

Short	90 €
Mid-long	110 €
Long	140 €
Sophisticated - Wavy	160 €
Simple blow dry	70 €
Extra for very long hair/thick	from 30 €

| Evening HairStyle

Simple clip	70€
Simple hairbun	110 €
Sophisticated hairbun	160 €

| Men

Haircut	90 €
Clipper haircut	50 €
Beard trimming (trimmer)	50 €
Beard trimming (trimmer + shaver)	80 €
Barber ritual / full shave	110 €
Hair colour	90 €
Temples coloration	60 €

| Children

Boy haircut	50 €
Haircut brushing - Girl hairbry	80 €
Princesse hairstyle	60 €

| Hair colour

Roots coloration	180 €
Full hair coloration	220 €
Highlights - Balayage - Ombré hair (short, mid-long)	150 - 220 €
Highlights - Balayage - Ombré hair (long, very long)	250 - 350 €
Radiance boost effect (patina - gloss)	60 €



Philip B. Signature Care

| Four step hair + scalp treatment

⌚ **40 min**
120 €

The ultimate recharge for your hair and scalp.
All hair types.

| White truffle sleek & shine

⌚ **20 min**
70 €

Quenches thirsty hair and restores shine, body and bounce.
Dry, coarse, thick or damaged and chemically treated hair. 20 min. 70 €

| Russian amber imperial gold mask

⌚ **20 min**
70 €

Restructures, revives and regenerates all hair types.
Dry, damaged and chemically treated hair.

| Royal color & Shine

⌚ **40 min**
140 €

Revives vibrant color and provides long-lasting shine & hydration.
Dry & color treated.



General Information

| Opening Hours

The Goji Spa at Le K2 Altitude is open every day from 10 a.m. to 8 p.m.
The aquatic and fitness areas are open every day from 7.30 a.m. to 10 p.m.
Our fitness rooms are accessible 24/7 on request.

| Appointment

We advise you to book your treatments 24 hours in advance. We suggest you to arrive at least 10 minutes before your appointment wearing your bathrobe. Please note that late arrivals will not receive an extension of the scheduled treatment and the service will be fully charged. The duration of care includes client care. We advise you to come at the Spa without jewelry. The establishment does not take any responsibility for the valuables brought to the Spa.

| External customers

The spa is open to external clients every day from 10 a.m. to 3 p.m. for treatments. The access to the swimming pool and fitness areas, and their facilities are not permitted. Payment is made upon reservation, otherwise the treatment cannot be confirmed.

| Cancellation Policy

All cancellations must be submitted 24 hours prior to the scheduled appointment, all other appointments are 100% due.

| In-room Services and Treatments Outside of Fixed Opening Hours

For these services, a supplement of 100€ will be charged in addition to the treatment.

| Spa Etiquette

Smoking and consuming alcohol is prohibited in the Goji Spa.

| Environment

We invite you to turn off your cell phones and to respect the precious tranquility of the spa and aquatic areas.

| Gift Card

If you would like to offer treatment to your loved ones, we invite you to head to our website to reserve a gift voucher.



ALTITUDE
COURCHEVEL

gojisp@lek2altitude.com

+33 (0)4 79 01 37 47